

***Alcohol, Tobacco, and Drug Education Classes offered at the
Central Nebraska Council on Alcoholism & Addictions
219 West 2nd Street, Grand Island, Nebraska
(308) 385-5520 www.cncaa.net***

1/14/15

Prime for Life! (DUI or MIP) is an 8-hour alcohol education class for **adults and/or youth**. The goal of this program is reduce the incidence of alcohol- and other drug-related problems in adults and youth. This nationally recognized and evidence-based program focuses on personal risk-reduction (choices) and self-assessment specifically related to alcohol. The program is voluntary, however, many are referred by court, probation, or juvenile services for a Minor-In-Possession/Consumption of Alcohol (first offense), Driving Under the Influence, or another first-time alcohol- or other drug-related offense. Cost is \$70; direct school referrals are welcome at a reduced rate of \$60. **Pre-registration is necessary.** *This class is also offered in Spanish.*

Youth Tobacco Education Class will assist youth in learning about the legal and health risks associated with tobacco use, addiction, and offer assistance in helping them move towards quitting. Cost is \$40; no discounts for school referrals. **Pre-registration is necessary.** (4 hour class)

Marijuana Education Class (for youth ages 14 or older through adults) is an education class that helps participants understand the dangers of the use and addictive nature of marijuana, legal and health risks associated with the use of marijuana, reduce the incidence of alcohol- and other drug-related problems, and assist them in seeking further help if needed. The program is voluntary, however, many are referred by court or probation for a Possession of Marijuana (first offense), a failed drug test at a place of employment, or another first-time drug-related offense. Cost is \$40; no discounts for school referrals. **Pre-registration is necessary.** (4 hour class)

Driving the Right Way is a nationally recognized, evidence-based program designed for repeat DUI/DWI offenders, challenging the thought- and decision-making process related to drinking and driving choices. Cost is \$100, or \$80 if paid in cash in full at the first class session. Class size is limited; minimum of 5 participants required to hold this series; pre-registration is necessary. Call if interested.

The Central Nebraska Council on Alcoholism and Addictions, Inc. is a non-profit corporation affiliated with the National Council on Alcoholism and Drug Dependence, Inc. This organization, its programs, activities and services are supported in whole, or in part by Grant # 93.959 under the Substance Abuse Prevention and Treatment Block Grant from the Substance Abuse and Mental Health Services Administration Center for Substance Abuse Prevention and the Nebraska Department of Health and Human Services, the State of Nebraska Department of Health and Human Services Tobacco Free Nebraska Program, Blue Cross Blue Shield of Nebraska, and the Central District Health Department. Additional financial support is provided by Hall County, Heartland United Way, and tax-deductible donations.



***Se ofrecen Clases de Educación de Alcohol, Tabaco y otras Drogas en
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Prime de Por Vida! (DUI o MIP) es una clase de educación de alcohol de 8 horas, para **adultos y jóvenes**. La meta de este programa es reducir la incidencia de problemas relacionados con el alcohol y otras drogas en adultos y jóvenes. Este programa es basado en evidencia y es nacionalmente reconocido se enfoca en la reducción de riesgo personal (decisiones) y la autoevaluación específicamente relacionado con el alcohol. Este programa es voluntario, sin embargo muchos son referidos por la corte, por libertad condicional o servicios juveniles para menores en posesión o consumo de alcohol (primera ofensa), manejando bajo la influencia, u otra ofensa por primera vez relacionado con alcohol y drogas. El costo de la clase es \$ 70; referencias directas de la escuela son bienvenidas a una tarifa reducida a \$60. **Pre-registración es necesaria.** *Esta clase es también ofrecida en Español.*

Clase de Educación de Tabaco para Jóvenes se asistirá a jóvenes para aprender sobre la legalidad y riesgos de salud asociados con el uso del tabaco, la adicción y se ofrece asistencia para ellos ayudándoles a moverse a la recuperación. El costo es de \$40; no hay descuentos por referencias escolares. **Pre-registración es necesaria.** (Clase de 4 horas).

Clase de Educación de Marijuana: (para jóvenes de 14 años o mayores) es una clase de educación que ayuda a los participantes a entender los peligros del uso y la naturaleza adictiva de la Marijuana, la legalidad y riesgos de salud asociados con el uso de la Marijuana, a reducir la incidencia con los problemas relacionados con el alcohol y drogas y asistirlos a buscar ayuda si es necesario. El programa es voluntario, sin embargo, muchos son referidos por la corte, por libertad condicional por la posesión de Marijuana (Primera ofensa), la falla de la prueba de drogas en un lugar de empleo u otra ofensa relacionado con drogas por primera vez. El costo es \$40; no hay descuento por referencias escolares. **Pre-registración es necesaria.** (Clase de 4 horas).

Manejando de la Forma Correcta es reconocida nacionalmente, es un programa basado en la evidencia diseñada para los ofensores que repitan DUI/DWI, desafiando el pensamiento y el proceso de la toma de decisiones al beber y manejar. El costo es \$100 o \$80 si se paga en efectivo y en su totalidad en la primera sesión de la clase. El tamaño de la clase es limitado a un mínimo de 5 participantes requeridos a mantener estas series; pre-registración es necesaria. Llamar si está interesado.

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